

GROUPS GUIDE





WELCOME

Welcome to our newly designed groups guide! My hope is that this guide will give you all the information you need to know to get plugged into a discipleship group this fall. We want everyone to be involved in a Sunday morning group as well as a midweek group or D-Group. There is a group for you! At Forest Hills, one of our core values is multigenerational worship and discipleship. We value generations coming together to study the Word and help each other grow in their knowledge and love for Jesus. We accomplish this through all of our groups at FHBC!

We have a full list of Sunday Morning Groups, Midweek Groups, and D-Groups! This guide is your go-to resource for all of our groups this fall semester! If you have any questions about any group, feel free to reach out – I’m here to help! We are excited to grow in the Lord alongside you this fall!

MATT LONGWORTH
ASSOCIATE PASTOR OF DISCIPLESHIP

“ We value generations coming together to study the Word and help each other grow in their knowledge and love for Jesus. ”



OUR MISSION

Forest Hills’ mission is to glorify God by making Gospel-centered disciples who LOVE, GROW, SERVE, and GO.

SUNDAY MORNING GROUPS

Sunday Morning Groups are weekly groups that are designed to be centered on deep, thoughtful Bible teaching that encourages meaningful discussion and real-life application. They’re a place where authentic relationships are built—where you’ll find encouragement, connection, and care in every season of life. Whether you’re new to faith or have been walking with Jesus for years, you’ll find a group to belong and grow. All of our groups meet at 9:45am in various locations around the campus and are organized by age, gender, stage of life, and more.

MIDWEEK GROUPS

Midweek Groups meet seasonally and are designed to dive into specific topics and biblical truths that equip disciples to love, grow, serve, and go in their everyday lives. Each session is practical and rooted in God’s Word—whether it’s exploring a book of the Bible, strengthening different types of relationships, or learning how to live out your faith in today’s world. These groups offer a short-term commitment and a great opportunity to grow in your understanding of Scripture while connecting with others. Our Midweek Groups offer something for every age!

D-GROUPS

D-Groups are intentional, 4-6 person gender-specific groups, dedicated to transformational growth through studying God’s word, prayer, and accountability with the purpose of multiplying faithful disciples of Christ. Each group meets weekly or every other week for one year before multiplying into new groups. The format of a D-Group is not a teacher-student model, but a group discussion. Each group is encouraged to utilize the H.E.A.R. method in studying the Bible individually and use that as a guide for their discussion as they meet together.

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D GROUPS

UPCOMING EVENTS

14/15

SCHEDULE

SUNDAY MORNINGS

8:30am Worship Services
Preschool Groups

9:45am Sunday Morning Groups
 (All Ages)

11am Worship Service
Preschool Groups

WEDNESDAY MORNINGS

9:30am Womens’ Breakfast

10-11:30am Womens’ Bible Studies

WEDNESDAY EVENINGS

5-6pm Fellowship Meal

6-7:30pm Preschool Groups

Kids Groups

Student Groups

6-7:15pm Adult Groups

SUNDAY MORNING GROUPS

PRESCHOOL GROUPS | 8:30AM

GROUPS	ROOM
Bears (Birth–Crawlers)	D105
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Cheetahs (3 Years-PreK)	D112

PRESCHOOL GROUPS | 9:45AM

Baby Bears (Birth)	D105
Turtles (Crawlers)	D107
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Lions (3 Years)	D109
Cheetahs (4 Years-PreK)	D112

PRESCHOOL GROUPS | 11AM

Bears (Birth–Crawlers)	D105
Zebras (Walkers)	D102
Monkeys (2 Years)	D104
Lions (3 Years)	D109
Cheetahs (4 Years-PreK)	D112

CHILDREN’S GROUPS | 9:45AM

GROUPS	<small>All children’s groups drop off in the Kids Rally Room.</small>	ROOM
Kindergarten		D210
1st Grade		D209
2nd Grade		D208
3rd Grade		D205
4th / 5th Grade Boys		D217
4th / 5th Grade Girls		D215

STUDENT GROUPS | 9:45AM

GROUPS	<small>All middle and high school groups are in the Student Center.</small>	ROOM
6th/7th Grade Guys		SC202
6th /7th Grade Girls		SC206
8th Grade Guys		SC203
8th Grade Girls		SC205
9th Grade Guys		SC225
9th/10th Grade Girls		SC224
10th/11th Grade Guys		SC223
11th Grade Girls		SC222
12th Grade Guys		SC221
12th Grade Girls		SC215

ADULT GROUPS | 9:45AM

COLLEGE & YOUNG ADULTS

GROUPS/LEADER	AGE RANGE	GROUP	ROOM
College Aged (Benny & Andi Hauk)	18 – 22	Coed	C101
Young Professionals 20s	20s	Coed	C100
Young Professionals 30s (Jake & Brittany Day)	30s	Coed	C207
Young Marrieds 1 (Gary & Brenda Hauk)	20s	Coed	C203
Young Marrieds 2 (Danny & Emily Briley)	20s – 30s	Coed	B112
Young Marrieds 3 (Emmitt & Heidi Beall)	30s	Coed	C205

ADULT GROUPS 9:45AM			
MEDIAN ADULTS			
GROUPS/LEADER	AGE RANGE	GROUP	ROOM
A. Cammuse, H. Elrod, M. Leslie	30s – 40s	Coed	A201
Hagan Stone	30s – 40s	Coed	C204
Rob Pautienus, Russell Tyree, Tommy White	30s – 40s	Coed	C202
Rob Ivy (Building Faith & Family)	40s – 50s	Coed	A202
Ted Murphy, William Summey	40s – 60s	Coed	B211
Bonnie Davis & Linda Hoss (Discovery)	40s – 70s	Women	B210
Larry & Pam Swift (Living Word)	40s – 70s	Coed	C102
Jerry Winfield (Grace Place)	40s – 70s	Coed	Choir Suite
Jody Sadler	50s – 60s	Coed	B212
Chris Brown, Ralph Hildabrand	50s – 60s	Coed	B214
Hugh & Jamie Inman	50s – 60s	Coed	A204
Nancy Dunn (Dear Daughters)	50s – 70s	Women	A200
SENIOR ADULTS			
Kenny Beam, Hugh Black, Jim Goodloe, Joe Hutts	60+	Coed	C124
Greg Gore, Mark Neal, Jim Woodbury	60+	Coed	B217
Morlee Maynard, Steve & Carol Smith (The Circle)	60+	Coed	A203
Richard Penney (Coles Memorial)	60+	Coed	B114
J. Tillman, T. Gleason, B. Sumners (Seekers)	60+	Coed	B116
Pat Toth	60+	Women	A106
LaVerne Baugher	60s	Men	A100
Larry Thrailkill	60+	Coed	Chapel
Paul White (Christ Alone)	60+	Coed	A103
H. Clouse, B. Haynes, H. Miles, M. Sudeen (Brotherhood)	70+	Men	B118
Charlotte Young & Jean McCord (Ruth Class)	70+	Women	A104
Nancy Turner	70+	Women	B115

WEDNESDAY MORNINGS

WOMEN

9:30AM
10-11:30AM

WOMEN’S BREAKFAST
WOMEN’S BIBLE STUDY

Online registration is only required for childcare, but registration is preferred for everyone attending to assist in having enough resources and space. Register online at fhbc.org/women.

ROMANS/JAMES
Nancy Dunn | A200

As we wrap up our study of Romans, take time to dig deeper into its powerful truths and what they mean for us today. We’ll also begin our journey through the book of James, exploring its practical wisdom for daily living. (Aug. 13–Nov. 12 | No Homework | Free)

SWEETER THAN HONEY
By Gretchen Saffles and Maggie Combs
Courtney Mize & Jenna Pautienus | C103
In Sweeter than Honey, you’ll explore three foundational principles to guide you each time you open Scripture: gather knowledge, digest the big ideas, and grow in godliness. As you embrace these principles, you’ll embark on a challenging yet transformative journey, deepening your relationship with God through His Word. (Aug. 13–Sept. 24 | \$10)

INSIGHTFUL READING
Morlee Maynard | A203
Join us for caring and inspirational mornings as we dive into our Enrichment Center fictional and nonfictional books. These intergenerational discussions will be thought-provoking as we share spiritual truths found in the various books each of us selects. That’s right, you select what you want to read at your own pace! (Aug. 13–Nov. 12 | Free)

GOD OF CREATION: GENESIS 1-11

By Jen Wilkin
Sheila Moss & Cornelia Leslie | B210
Dive into the first 11 chapters of Genesis with a study by Jen Wilkin following three critical stages of understanding: comprehension, interpretation, and application. Revisit familiar stories and historical figures, challenge your basic knowledge, and discover deeper meanings in the text. As God reveals Himself through Scripture, we can only begin to understand ourselves when we first glimpvse the character, attributes, and promises of our Creator. (Aug. 13–Oct. 22 | \$20)

JESUS IN ME
By Anne Graham Lotz
Bonnie Davis & Linda Hoss | Room C102
In the Jesus in Me Bible Study Anne Graham Lotz provides a format for studying the Bible that will help you learn to listen for God’s voice, know Him in an intimate relationship, and communicate with Him through his Word. (Aug. 13–Oct. 1 | \$13)





THE KEY TO LIVING BY FAITH: HEBREWS

Jennifer Widmer | A105

How do you live by faith when life is filled with so much struggle? Gain a deeper understanding of God’s grace and provision through this inductive study of Hebrews. Learn to keep your focus on Jesus and rely on His faithfulness in all situations as you rest in the assurance that Jesus is our High Priest who makes intercession for all of God’s children. (Aug. 13–Nov. 12 | \$8)

FEARLESS MOMS

Elizabeth Webb & Molly Drew | C100

Do you want to be encouraged and fully equipped in your role as a mother? Are you looking for practical tools for everyday parenting? No matter where you are in your mom-journey, Fearless Mom is a judgment-free zone where you can connect with other moms and become the mom God created you to be. (Sept. 3–Nov. 12 | No Homework | Free)



JONAH

Courtney Mize & Jenna Pautienus | C103

Through this study, you’ll explore three foundational principles to guide you as you study the book of Jonah: gather knowledge, digest the big ideas, and grow in godliness. This message aligns beautifully with the theme of FHBC’s Women’s Ministry for the year—women being transformed by the entrusted Word of God. As you embrace these principles, you’ll embark on a challenging yet transformative journey, deepening your relationship with God through His Word. (Oct. 1–Nov. 5 | Free)

FINDING HOPE WHEN LIFE SEEMS DARK

Sheila Moss and Cornelia Leslie | B210

In this study, five of the prophets who ministered to both the northern and southern kingdoms before the exile of the southern kingdom to Babylon. Though God commissioned His prophets to preach unique messages to different audiences, He gave them a common theme—hope when life seems dark. (Oct. 15–Nov. 12 | \$8)



Scan the QR code to register for a group!
Registration is not required, but it helps us to prepare materials ahead of time.

WEDNESDAY EVENINGS

FELLOWSHIP MEAL

5-6pm | Fellowship Hall

\$7 Adults/Students, \$5 for Children ages 4-12, College Students and Children 3 and under are Free (Family Maximum of \$25)

[View weekly menu at fhbc.org/wednesdays](https://fhbc.org/wednesdays)

PRESCHOOL

6-7:30pm | Preschool Hall

On Wednesday nights, preschoolers enjoy Wiggle Worship, fun playtime, and engaging Bible lessons that teach foundational truths and help plant seeds of the gospel in their hearts.

[Learn more at fhbc.org/preschool](https://fhbc.org/preschool)

KIDS (K-5th Grade)

6-7:30pm | Kids Rally Room

Wednesday nights are the place to be for Kindergarten through 5th grade! Kindergarten–2nd graders will have a blast in Club K–2, where they’ll enjoy an exciting classroom experience filled with Bible lessons, games, and crafts. Their night wraps up with high-energy worship and fun in Kids Jam in the Kids Rally Room!

3rd–5th graders meet in Studio 3.4.5 in the Kids Rally Room for large group fun—games, worship, and a dynamic Bible lesson—before transitioning into Track Time, where they participate in a specialized class of their choice for the entire semester! Tracks include Praise Team, Drama Team, Art & Cartooning, Drumming, and Tech.

[Learn more at fhbc.org/kids](https://fhbc.org/kids)

STUDENTS (6th-12th Grade)

6-7:30pm | Student Center

Gathering for Middle School and High School students is a time of fun-filled games, high energy worship and scripture focused study – all the while making friends and building lifelong relationships.

[Learn more at fhbc.org/students](https://fhbc.org/students)



**ISAIAH: FACE TO FACE WITH A HOLY GOD (PART 3)***By Kay Arthur & Pete De Lacy***Shawn Lantz | A200**

Discover how you, like Isaiah, can stand strong in the face of attack, persevere in a faithful walk with God, and claim the tremendous promises He has provided. Learn to observe and interpret the prophet's message and apply it to your life from Kay Arthur Precepts.

(Aug. 13–Nov. 12 | Homework | \$10*)

*If you are joining in for part 3

REVELATION (PART 1)**Andi Hauk | 6-7:15pm | C101**

Perhaps no other book of the Bible feels as inaccessible and as intimidating to us as the very last one. In this study, Jen Wilkin helps you discover how the last book of the Bible—the culmination of God's great story—speaks both a steadying word of assurance and a strong call to endure to the church in every age. This study will be divided into two semesters. (Aug. 13–Oct. 1 | Homework | \$20)

REFLECTIONS FOR WOMEN**Morlee Maynard | 6-7:15pm | Room A203**

Join us for inspirational evenings as we dive into our Enrichment Center fictional and nonfictional books. These intergenerational discussions will be thought-provoking and help us reflect on spiritual truths we find each week in the various books each of us selects. That's right, you select what you want to read at your own pace. Zoom Available by emailing enrichment.center@fhbc.org. (Aug. 13–Oct. 1 | Free)

**THE BEATITUDES***By Charles Spurgeon***Various Leaders | 6-7:15pm | C202**

The Beatitudes by Charles Spurgeon offers a rich and devotional look at Jesus' Sermon on the Mount. With his signature clarity and passion, Spurgeon unpacks each blessing, bringing timeless truth to life. This short yet powerful book will encourage, challenge, and deepen your faith as you explore what it means to live a life shaped by the values of God's Kingdom.

(Aug. 13–Oct. 1 | Cost: \$12)

IRON SHARPENS IRON**Travis Walters | 6-7:15pm | A202**

Join us Wednesday evenings this fall for intergenerational discussions among men of FHBC, conversations centered on different fictional and nonfictional books that each of us choose on our own. Whether you read through one book or several, our time together will be one of accountability, introspection, encouragement, and spiritual growth as we each share how God is speaking to us through what we're reading. (Aug. 13–Oct. 1 | Free)

**Scan the QR code to register for a group!**

Registration is not required, but it helps us to prepare materials ahead of time.

CO-ED

Introducing tracks! These tracks help give focus and strategy to our adult discipleship groups on Wednesday evenings. Our hope is that they provide clarity and direction when trying to choose a group!

BIBLICAL STUDIES & THEOLOGY TRACK**ECCLESIASTES****Austin Wouters | 6-7:15pm | C203**

Have you ever wondered what the point of it all is? Or why being content in life can be so elusive? If life feels like a constant cycle of working and searching for meaning, you're not alone—and you're not the first. The book of Ecclesiastes is a raw exploration of life's biggest questions, written by someone who had everything, but found fulfillment when he was willing to give it all away. Join us for an 8-week Bible study where we'll walk through this surprising book together. Through honest reflection and timeless wisdom, we'll discover how God brings purpose to every aspect of life and death. (Aug. 13–Oct. 1 | Free)

CHRISTIAN LIVING TRACK**7 REALITIES OF EXPERIENCING GOD***By Henry & Richard Blackaby***John Fielden | 6-7:15pm | Chapel**

Seven Realities for Experiencing God examines seven scriptural realities—those Moses experienced in Exodus 3—that teach believers how to develop an obedient love relationship with God. This eight-session study overviews the seven realities and then, session by session, explores truths like “God is always at work around you” to introduce a biblical pattern by which God reveals His will so that believers can join His activity in the world. (Aug. 13–Oct. 1 | \$10)

TOGETHER – ACTS 2 STUDY*By Ben Mandrell***Gary Hauk, Benny Hauk, & Jennifer Dial | 6-7:15pm | C100**

The first generation of believers embraced the idea of “church” in a way that impacted every aspect of their lives and empowered the gospel to spread far and wide. This 8-week Bible study invites us to challenge our distinctions between “Sunday Church” and the rest of our lives, to go all in with our faith and commitment to church community, and to live the truly dynamic, impactful life God has always intended for Christians to live. (Aug. 13–Oct. 1 | \$10)

**MARRIAGE & FAMILY TRACK****HOMEGROWN: CULTIVATING KIDS IN THE FRUIT OF THE SPIRIT***By Dr. Josh & Christi Straub***Gerry & Donna Lewis and Spencer & Lauren Dalman | 6-7:15pm | C204**

As parents, we want to raise children who know God, love Him, and share His love with the world. But raising kids who live out such faith is less about our own parenting skills and more about God's power. When the Holy Spirit lives through us, we model the fruit of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control—for our children. In this 8-week study, discover the fruit of the Spirit in the context of your parenting, learn how to cultivate growth in your children, and explore practical ways to live out the fruit of the Spirit together. (Aug. 13–Oct. 1 | \$20/couple)

MISSIONS & EVANGELISM TRACK**SHARING JESUS WITHOUT FREAKING OUT***By D. Scott Hildreth & Steven A. McKinion***Micah Stephens & Esther Zhu | 6-7:15pm | C103**

Talking about Jesus doesn't have to be awkward, intimidating, or forced. *Sharing Jesus Without Freaking Out* is a practical and encouraging study that helps everyday believers feel confident and equipped to have real conversations about their faith—without pressure or fear. Over the course of 8 weeks, we'll discover how evangelism isn't about having all the right answers, but about being yourself and letting God work through honest relationships. If you've ever felt nervous or unsure about sharing your faith, this study is for you. (Aug. 13–Oct. 1 | \$12)

ONGOING MIDWEEK GROUPS



FRIDAY MEN'S GROUP

Fridays | 6-7:30am | Fellowship Hall

Join other men every Friday morning for Bible study and breakfast around tables in the Fellowship Hall. This is a great opportunity to join an ongoing midweek group to fellowship with and meet other men at Forest Hills.

August 8 – September 5

John 14-17

Led by Maurice Painter

September 12 – October 17

Philippians

Led by Jerry Winfield

October 24 – November 21

Commands of Christ

Led by Ronnie Smith

GRIEFSHARE

LaVerne Baugher & Barbara Gibson

Sundays | August 10 - November 9 | 3-5pm | C101

You don't have to go through the grieving process alone. GriefShare is a free, 14-week support group designed to help you live life after losing a loved one. You'll find a caring group of people who will walk alongside you through life's most difficult experiences.

Learn more and register at fhbc.org/care

YOUNG ADULT COMMUNITY GROUP

Sundays | Starts August 1 | 6-8pm | Offsite

Singles and married couples are invited to join us for free, weekly dinner followed by games and Bible study.

Learn more at fhbc.org/youngadults

ADULT CHOIR PRACTICE

Scott Shepherd

Wednesdays | 7:15pm | Choir Room

As an act of worship, the Sanctuary choir supports our church's efforts to glorify God by making Gospel-centered disciples who love, grow, serve, and go. As the choir prepares each week, participants have the opportunity to be discipled through the worship songs they learn and sing.



D-GROUPS

Are you longing to grow deeper in God's Word while building meaningful connections and accountability with others? Consider starting or joining a D-Group—a small, gender-specific intentional gathering of 4–6 people who meet weekly to study Scripture, pray, and encourage one another in living out the Gospel. Using FHBC's Bible reading plan (or any other), these groups are designed to help you grow spiritually and multiply your impact by making disciples. Whether you meet at home, in a coffee shop, or at church, the goal is the same: transformational growth through God's Word, community, and intentional discipleship. These groups meet for one year and then multiply to make new groups. Ready to take a step of faith and start your journey? Register your group today and be part of what God is doing!



Scan the
QR code to
register for
a D-Group!



“Being in a D-Group has broadened my understanding of God's Word and has enriched my faith journey alongside other men at FHBC.”

DENNIS KARBOWSKI
DEACON

UPCOMING EVENTS

PRESCHOOL MINISTRY

PRESCHOOL PLAYDAYS

Aug. 18, Sept. 22, Oct. 20, Nov. 17, Dec. 8
Learn more at fhbc.org/preschool

KIDS MINISTRY

MOTHER/SON NERF NIGHT

September 18 | 6-8pm

MOTHER/DAUGHTER CHRISTMAS
COOKIE EXTRAVAGANZA

December 13 | 10am - 12pm

STUDENT MINISTRY

BACK TO SCHOOL WEEKEND

August 23-24

WINTER RETREAT

JANUARY 17-19 | Pigeon Forge

COLLEGE MINISTRY

CROSS CON. 2026

January 5-7 | Louisville, KY

YOUNG ADULTS MINISTRY

FALL RETREAT

October 17-19
Fall Creek Falls State Park

WOMENS MINISTRY

IN THE WORD
WITH JEN WILKIN

September 26-27
Brentwood Baptist Church

SENIOR ADULT MINISTRY

DINNER & BINGO NIGHT

September 4 | 5-8pm

THE BOOK OF MALACHI

OCTOBER 15 - NOVEMBER 12

MEN: C100 suite | WOMEN: C200 suite | Free

Join us these five Wednesdays as men and women will gather around tables for Bible study and discipleship groups diving into the book of Malachi. We will have a large group study time led by a leader and then have deeper discussion in smaller table groups. This is a great way to meet other men and women at Forest Hills in a multigenerational environment.



IN THE WORD WITH JEN WILKIN

Worship with Sandra McCracken

September 26-27 | \$70 | Brentwood Baptist Church

Join Jen for In the Word—an event where you'll delve deeply into the timeless wisdom of Scripture to learn to live God's way in God's world. At In The Word, you'll be enriched through thought-provoking Bible teaching and worship. Learn tools to study Scripture for yourself as you discover how the pursuit of godly wisdom yields life and peace.

REGISTER AT [FHBC.ORG/WOMEN](https://fhbc.org/women)



TRUNK OR TREAT

October 26

Save the date for our annual Trunk or Treat! Join us for an afternoon of free family fun for everyone! We will have games, activities, and candy for all families and kids to enjoy! Come, wear your costume, invite friends, and make lasting memories!



GO MISSIONS CELEBRATION

February 2026

Save the date for our annual GO Missions Celebration! It's a special time when our church gathers with our partners from around the world for a powerful weekend of celebration, worship, and prayer!

